



'A Professional, Fun and Safe Diving Environment'



OCEANIC  
INNOVATION FIRST

## SPECIALTY COURSE STRESS & RESCUE

Here at **BCDA** we encourage All our Divers to take the '**Stress & Rescue**' Specialty Course as this Programme of study will Advance your Knowledge.

- ◆ Causes and prevention of stress
- ◆ Detecting and dealing with diving related stress in yourself and your buddy
- ◆ Accident management procedures
- ◆ Rescue skills that assist the victim, while protecting yourself
- ◆ Simple, yet effective search patterns



Make your Diving experiences 'Safe & Fun' in our  
'Professional Safe, Fun Scuba Environment'



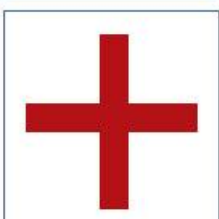
Through informative real world scenarios combined with your **Home Study** you will with our experienced qualified Dive Instruction Learn to Dive within safe practice to respond to any circumstance that may further your experience to Dive SAFE.

The diver **Stress & Rescue** course is also a prerequisite to your **Master Diver Qualification** and informs our divers of the **Professional** attitude that is associated with this level and interest to develop their experience as responsible divers.

This course is designed to be run in conjunction with your decision to take qualification with **St. John's First Aid**. The combination of the **Stress and Rescue** course supports your decision to advance your knowledge to being informed to offer and assist with first response to providing aid to divers in distress.



FIRST AID



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